



Name: **Region:** Wellington
Birthplace: **Area:**
Month: **Printed:** 10/26/2021

NAME	ABOUT ME	PHONE
Bex Wastney	I am a UK trained midwife and moved to NZ in 2005. I have worked in various settings as a midwife and after having my own babies at home, it restored my faith in physiological birth. I have loved working in a primary unit at Paraparaumu maternity for the past 5 years and think that Kāpiti women are very fortunate to have this amazing space to birth in and receive excellent postnatal care. Becoming a parent and growing your family is a time in your life that you never forget and I feel privileged...	Mobile: +64-224221724
Samantha Walton	Congratulations on your pregnancy! I am an experienced homebirth midwife who moved from Auckland earlier this year. I look forward to supporting homebirths from April 2022. It is a privilege to work with pregnant people planning to birth at home in the Hutt Valley and surrounding areas. I walk alongside you on your pregnancy journey, supporting you to feel empowered, build your knowledge and offer advice and appropriate recommendations for your care as necessary. Pregnancy and birth doesn't ...	Mobile: 0210733801
Penina Fitiseanu	Talofa lava, Bula Vinaka, Malo e lelei, Kia Orana, Fakaalofa atu, Kia Ora! My name is Penina Fitiseanu and I am currently the only Pasefika Midwife who works in the Wellington Central and suburban areas of the CCDHB catchment region. I am Samoan. I have been a Midwife for 24 years and also trained as a Registered Nurse. I am available to care for Pasefika and Māori women, their partners and their pēpē to offer an alternate option for choice as an LMC from the mainstream providers that are av...	Work: +64-800948669
Amy Broome	Congratulations on your pregnancy, this is just the beginning of an amazing adventure. I am a LMC midwife and love having the opportunity to work alongside women and their families at such a life changing time. I have 3 children myself so I know this time can be both exciting and scary, and finding the right midwife makes all the difference. My midwifery services range from pre-conception advice, through pregnancy, labour and birth, and right up to six weeks after. Most importantly though I ...	
Toni Strand	Hi my name is Toni and I am a community based midwife living in Otaihanga on the Kapiti Coast. I moved to Kapiti to take up a teaching career however became interested in midwifery after receiving wonderful midwifery care myself and becoming involved in and passionate about childbirth education. I love working with women and families to provide support and guidance through pregnancy, birth and the postnatal period (6 weeks after baby is born). You can be faced with an overwhelming amount of...	Mobile: +64-272204030
Emma Woolldridge Hyett	Tena koe and congratulations! I have a natural approach to midwifery care and strive for honest and open communication that encourages women and families to make informed choices about their care, and supporting you in your choices. My focus is on supporting physiological birth, utilising home birth and birth at Kenepuru maternity unit. I also support women, who have complex needs, to birth at Wellington Hospital. I believe in spending enough time with you and your whānau during appointments....	Work: 0224656077
Mariette Fuchs	Congratulations on your pregnancy! I experienced excellent midwifery care with my four children and that is why I am passionate about your pregnancy and childbirth journey too. I believe that pregnancy and birth are normal life events for most women. My midwifery philosophy centres on working alongside women to empower them to fulfil the ambitions that they have for this special time. I provide individualised support and care during pregnancy, labour and birth and feel that women and partners sh...	Work: 026107965
Kylee Martin	Congratulations on your pregnancy! I believe that pregnancy and birth are normal life events for most women, and I work to empower women to fulfil their individual pregnancy and birthing aspirations in the birth environment of their choice, whether this is home, primary birthing unit, or hospital. As a mother of two children I understand the significance of the relationship that you have with your midwife, and the impact that this can have on your childbirth experience. It is important to me ...	Work: 0800 4 NIKAU opt #4
Cherie Carline	Hi, congratulations on your pregnancy. It's such a special time in your life. I have been working as an LMC in the Porirua region for the last 16 years and am part of Birth Options and would love to deliver your baby at Kenepuru Maternity, Wellington Hospital or at home. I have women who have had waterbirths in all settings plus women who have had a previous c/section who want a vaginal birth this time. I am happy to support you in an elective c/section as well. I have cared for a number of ...	Answer Service: 026 107 965
Joanne Scott	Hi I'm Jo. Congratulations on your pregnancy! I am a self-employed lead maternity carer (LMC) based in Miramar. I can offer you continuity of midwifery care throughout your pregnancy, labour & birth, and 4-6 weeks postnatally. My aim as a midwife is to facilitate a safe and positive childbirth experience. I believe that an important part of this process is information sharing and informed consent, to enable you to make choices that you feel are best for you & your baby. On a personal level, my h...	

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Karen Lash	Hi, my name is Karen Lash and I have been an LMC midwife since graduating with a Bachelor of Midwifery in 2004 from Massey University. I run my clinic on Wednesdays from 8.30 til 3 in rooms at Manuka Health in Petone. I respect the unique physical, emotional, social and cultural characteristics of each woman and her birth experience. I foster the belief that pregnancy and birth are normal physiological processes to be respected and supported. I support the judicious use of intervention and te...	Work: 0800464394
Emma Hodgson	Congratulations on your pregnancy! Every woman is entitled to have the information and support to make choices around her pregnancy and birth that are completely right for her and her family. It is a Midwife's job to listen, guide and support the woman to make these choices. I feel very privileged to be a part of this age-old profession and all the joy and challenge it presents. I have three children of my own so have seen firsthand how important good midwifery support is and how rewarding it ...	Pager: 026107965
Mel Symes	Congratulations on your pregnancy! I am an LMC midwife working with women across the greater Porirua area (from Johnsonville to Pukerua Bay) and would love to have the opportunity to work alongside you and your family at such a special time. I am a part of a group of wonderful and amazing midwives at Birth Treasure - Aku Huia Kaimanawa who I rely on for support and time off. I run an antenatal clinic in Porirua on Monday afternoon and Tuesday morning and will see you in your home after the birt...	Mobile : +64-273203838
Rhonda Moore	Congratulations on your pregnancy. I have a passion for working with women and their whānau through their journey of pregnancy, birth and into parenthood. I feel privileged to be part of this journey and love what I do. As part of Domino Midwives we support homebirth and primary birth at Kenepuru Maternity and also at Wellington hospital. We have a philosophy of holistic care with a focus toward natural birth, waterbirth and homebirth. However if you encounter any complications in your pregnancy...	
Fiona Barriball	Tena koe Ko Ngati Kahungunu ki Wairoa raua ko Te Ati Awa ki Te whanganui a Tara oku iwi No Titahi Bay toku kainga noho Ko Fiona Barriball ahau Whakamihi ki a koe me to whanau hoki I am a born and raised Wellington/Porirua wahine with three beautiful daughters of my own. I am a case loading community LMC midwife that offers full antenatal care, labour and birth support and postnatal care to wāhine and their whānau in the Grenada North/Tawa to Plimmerton region. My aim is to work in partn...	Mobile: +64-226834840
Susie Fothersgill	HOME BIRTH ONLY. Congratulations on your pregnancy! I have a strong focus on physiology and strive to ensure holistic care that is supported by the latest research, allowing women and their families to feel empowered by the choices they make for themselves. I believe, that within the right environment, a woman can birth without intervention or fear and I am happy to provide labour and birth care at home and have access to Hutt hospital for any medical reasons. Feel free to get in touch if you...	
Sarah Dow	Congratulations on becoming pregnant. I believe in the power of women to give birth safely and naturally in the environment of their choice. I see pregnancy, birth and breastfeeding as normal life events for most women. A trusting relationship with your midwife is important so you can feel safe and supported through your pregnancy, labour and early mothering journey. As a mother of four children, I understand the importance of choosing a midwife you can trust, and who respects the choice...	
Sheryl Morris	Time is an important word in my midwifery practice. Giving women time to ask questions & discuss options enables them to make the right choices for them. Spending time getting to know the women I care for allows me to provide respectful, empowering & inclusive care for women & their whānau. I love what I do & providing holistic, confident care during this life changing journey is a privilege. I approach my practice with calmness, confidence & humour. Having a strong belief in women & normal birt...	Mobile: 0210476872
Amy Taylor	I believe that birth is a normal everyday event (rather than a medical event). I am passionate about supporting physiological pregnancy, birth and the postpartum weeks and I prioritise looking after people who want to birth at home or with low intervention at the hospital. I have full working access to the Hutt hospital if we need to be there due to medical reasons. I feel strongly that even when complexities arise that much can be done to support normal physiology; I aim to work with each c...	
Grada Dixon	I graduated in 1999 and started working as an LMC midwife with Nikau Midwives late 1999. I love working in the community and seeing families through their pregnancies from early pregnancy through to 6 weeks after birth. It is a privilege to care for families throughout subsequent pregnancies and seeing "my babies" years later becoming big brothers and sisters! I live in Te Horo on a lifestyle block where my other passion is horses, especially retiring old horses as well as breeding sport horses...	Freephone: 0800 4 Nikau (0800 4 64528) # 5
Ali Barkman	Congratulations on your pregnancy! I am a registered LMC working in the greater Porirua area (from Tawa to Pukerua Bay) and would love an opportunity to support you and your family through this exciting and changing journey. Our group provides shared care so you will have two dedicated midwives, myself and Sheree Hill for your care. We have antenatal appointments in our clinic rooms in Raiha St, Kenepuru, and visit you at home for postnatal appointments. My aim is to facilitate the birth that su...	Email: alimidwifenz@gmail.com
Tessa (Tess) Fee	Tena koe. Ko Kai Tahu toku Iwi, No Porirua toku kainga noho, Ko Tessa Fee ahau. Congratulations on your pregnancy! I am a mother to 4 beautiful children and a case loading midwife in Porirua. I cover from Plimmerton to Tawa, hold antenatal appointments in Porirua clinic rooms and work as part of an awesome group of midwives - Birth Treasure – Aku Huia Kaimanawa. I provide continuity of care during pregnancy, labour, birth and up to six weeks after your baby is born. I love to support, e...	Mobile: +64-223932022

NAME	ABOUT ME	PHONE
Antonia Bettany	I am a Lead Maternity Carer midwife, I look after women across all of Wellington. I work in a group with 3 other midwives and I provide full care throughout the pregnancy, birth and after baby is born. I aim to support women and their families through their birth experience in their chosen mode of delivery, while practising within my scope and maintaining the safety of mother and baby at all times and advocating for the women I care for. I have a wide range of experience and am confident with...	Work: 0800WGTNMW (0800 948 669)
Jo Stuart	Congratulations on your pregnancy! I am an LMC midwife based in Porirua covering the wider Porirua area (from Tawa to Pukerua Bay). I am passionate about providing individualised, evidence-informed care and ensuring you feel empowered to make choices that are right for you and your baby. I work closely with my practice partner Tess, and a wider group of amazing midwives. My antenatal appointments are during school hours at clinic in Porirua, I will visit you at home for 4-6 weeks after bi...	
Meg Lamason	Congratulations! As an LMC midwife I enjoy working in partnership with women and their families during their pregnancy, labour and birth, and in the early weeks with baby. An important part of my role is ensuring that I am up to date with the current research so that I can provide evidence based care and support women to make informed decisions, empowering them to be active in their pregnancy and birth experience. I like to take the time to get to know each of my clients and develop an indi...	Mobile: +64-272836444
Holly Fisher	Hello and welcome! Growing and welcoming a baby into your family is the most incredible experience. Congratulations! Supporting women and families throughout this journey is such an honour. I am inspired every day by my role as a midwife. I am passionate about providing holistic, evidence-based midwifery care with a friendly, down-to-earth mantra. My antenatal clinic is based in Kilbirnie at Refresh Physio.	
Verity O'Connor	I provide POSTNATAL CARE ONLY and am available to care for you and your pēpi up to 6 weeks after birth. I currently work as an Associate clinical midwife manager at HVDHB and am passionate about providing individualised and excellent midwifery care to you and your whānau. I have been a midwife since 2005 and worked as a LMC and as a core (hospital) midwife. I provide postnatal care for whānau living in Porirua, Lower Hutt (to bottom of Hutt side Wainuiomata Hill only) and Upper Hutt. Please ...	
Silena Harvey	Kia Ora and congratulations on your pregnancy! I am a LMC community midwife on the Kapiti Coast. The journey of pregnancy and becoming parents is an exciting time and I feel privileged to work in partnership with you and your Whānau. New Zealand has a lovely midwifery system that recognises the importance of woman-centred care to empower women throughout their journey. I am a mother of 4 children with a loving supportive partner and we love living on the Kapiti Coast. My philosophy is to recog...	Mobile: +64-274033022
Joy Wadham	My name is Joy Wadham and I am an LMC midwife based on the Miramar Peninsula in Wellington. I am passionate about partnering with women to allow them to have a positive, safe and empowering birth experience. I have many years of experience working in Wellington Hospital and have worked with a private obstetrician. I encourage all my clients to attend antenatal classes and breastfeeding classes as it is important to me that my clients are well informed of all their options. I am also pa...	
Fiona Pullar	I have been a midwife since 1994 and am the mother of three children. My practice focus is on natural birth at home, and at Kenepuru from 2022, for women in Wellington, Porirua and The Hutt Valley. I can also provide elective caesarean and postnatal care only. For previous clients I may support you at other venues also. I specialise in supporting women with minimal intervention in order for you to have the best possible birth experience. My focus is on the relationship of trust and nurturin...	
Gwen Ryan	Kia Ora, AVAILABLE FOR POSTNATAL CARE ONLY. My name is Gwen Ryan and I live in Waikanae Beach. I have three adult children who are making their way in the world and one school age son who lives at home. I have been qualified as a Midwife since 2008. I have mostly worked as an LMC on the Kapiti Coast but have also worked in Wellington and Lower Hutt Hospitals and more recently at the Paraparaumu and Kenepuru birthing units. I am available for your postnatal care from Paremata to O...	Mobile: +64-27589560
Nicky Chevalier	Hi and congratulations on your pregnancy. I have 7 daughters (3 of whom I gave birth to) and 5 grandchildren. I love my job because I get to share in the most special time for a family. I feel passionate about supporting women to achieve their childbirth experience, whilst ensuring the safety of both Mum and baby. I work with women and their families in the Upper Hutt and Stokes Valley areas and I am happy to support you in the hospital and the Te Awakairangi Birthing Centre. I have a c...	0800 4MIDWIFE: 0800 464394
Catriona Pratt	Hi and congratulations on your pregnancy, I have been a practising midwife for over 10 years working within the Hutt valley area from early pregnancy through to 6 weeks after baby is born. I run an antenatal clinic in Lower Hutt on a Tuesday each week, and I see you at home once baby is born. I believe that pregnancy and birth are part of a normal process and I am honoured to be able to share this exciting time with you and your family. I aim to provide knowledge and information so that you c...	
Jessie Cartmell	Congratulations on your pregnancy! I am a midwife who is working in Wellington where I was born and raised. I feel very privileged to support women and their whānau as they go through the wonderful and life changing experience of having a new baby. I aim to provide holistic care and build a trusting relationship with every woman in order to make them feel safe and supported. Through information sharing and developing a better understanding of your personal values, I will help you to make the bes...	

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Sheree Hill	<p>Congratulations on your pregnancy! I am a registered midwife based in Tawa/Porirua and share a caseload with my practice partner, Ali Barkman. We cover from Johnsonville to Plimmerton and would love to provide your maternity care. You would see us at our clinic rooms in Raiha Street, Elsdon, and we would visit you at home postnatally. Through a shared care model, you are very unlikely to have appointments rescheduled and will get someone you know at the birth who will be based care, and supporting you to make informed decisions about your pregnancy. I am an American LMC, and have lived here in Wellington for the past 13 years with my partner and 4 children. Prior to becoming a midwife, I worked as an OB nurse in the US, and working with families throughout their pregnancy experience is my passion. It is my absolute privilege to support women and pregnant p...</p>	
Moni Faaifo	<p>Talofa lava and congratulations on your pregnancy! I am a community midwife providing care for women and their families throughout their pregnancy, labour and birth and the early postnatal period in the Hutt Valley. I believe pregnancy is a gift that women have been entrusted with and see it as a privilege to work with women and their partners/families as they become parents and extend their families. I am most passionate about empowering and enabling women and their families to become self...</p>	<p>Phone: 0800BELLIES(2355437)</p>
Jess Tombs	<p>Kia ora and congratulations on your pregnancy. I'm Jess (pronouns: she/her), I'm an LMC midwife and member of Mamaku Midwives, a group based in Lower Hutt providing full continuity of midwifery care to women/ pregnant people and their whānau in the Hutt Valley region. I prioritise taking on those choosing to birth at home and have a small caseload so that I can take the time to get to know each of my clients. I am passionate about providing individualised, empowering, and evidence-based care,...</p>	
Sonja Hahn	<p>Kia ora, and congratulations to you on your pregnancy! I am Sonja, originally from the Waikato and now living in the beautiful Kāpiti for my first year as a newly registered midwife. My love for midwifery stems from being a part of the growth of new families and navigating them through the journey of welcoming a new baby into their lives. As your LMC midwife, my mission is to guide and advocate for you and your family through the exciting experiences that pregnancy, childbirth, and parentin...</p>	<p>Home: 0800 4 NIKAU etx 8</p>
Emily Pollard	<p>Kia ora and congratulations on your pregnancy! I am a community midwife based in the Hutt Valley region. I am passionate about providing individualised care and working alongside woman throughout their pregnancy, birth and up to six weeks following the birth. I aim to provide women with current evidence based information, each woman can make free and informed choices along her journey to motherhood. I take a small caseload of women to ensure I am able to provide you with a high standard of care....</p>	<p>Mobile: 0800 BELLIES (2355437)</p>
Ngaire Va'a	<p>I am a Māori/European midwife that has been practising since 2005. I have worked at both the Hutt and Wellington DHBs but have been working in the community since March 2012. I love working in the community and am privileged to share in the pregnancy and birth experiences of women and their whānau. I work in a group practice alongside 3 other wonderful midwives and we cover the whole of the Hutt Valley region. Their names are Jill Adamson, Kim Billaney and Deborah Murphy. We rotate from week t...</p>	<p>Mobile: 0508 643943</p>
Linda Elvines	<p>I am a case loading community midwife. I work with a wonderful group of midwives called the BirthTreasure Midwifery Group (Aku Huia Kaimanawa) I cover women living between Newlands to Pukerua Bay area. I am committed to providing full antenatal, labour & birth and postnatal care with a focus on continuity of care for a normal life event. A wahine and her whānau's personal and wider whānau cultural needs are paramount to ensuring a fully involved and wonderful journey through her birthing exper...</p>	<p>Work: 0800 7025413 Work text: 027 7025413</p>
Wendi Robinson	<p>Ko Ngāti Kahungunu ki Wairarapa tōku Iwi, Ko Pāpāwai tōku Marae. Ko Wendi ahau. Tēnā koutou, Talofa, Kia orana, Malo e lelei, Malo ni, Talofa lava, Fakalofa lahi atu, Ni sa bula vinaka, Mauri! We are a group of experienced Māori and Pasifika midwives providing a Team care approach to how we care for our Māmās, pēpi and whānau. We offer wāhine in Porirua pregnancy care, labour and birth support and then visit Māmā and pēpi at home for 4-6 weeks after birth. Our kaupapa is to improve bi...</p>	
Tess Willis	<p>Congratulations on your pregnancy! I am an LMC midwife working from Porirua through to Pukerua Bay. I am passionate about midwifery and love what I do and the families I get to work alongside. I believe in birth as a normal event and work with you and your whānau to feel empowered and well supported as you embark on this journey. Having two young children, I know the value of having a midwife that you trust, feel safe with and who respects your choices. I aim to support you to make informed deci...</p>	
Wanni Tam	<p>Caseload Chinese and English speaking midwife based at Wellington</p>	<p>Mobile: +64-211824449</p>
Therese Stowers	<p>Tena Koutou Talofa, Kia Orana, Malo e lelei, Malo ni, Talofa lava, Fakalofa Lahi Atu, Ni sa Bula Vinaka, Mauri We are a group of experienced Māori and Pasifika midwives providing a team care approach to how we care for our mamas, pēpi and whānau. We provide antenatal, labour and birth and postnatal care for our wāhine. Our kaupapa is to improve birth outcomes for Māori and Pasifika whānau, therefore we will predominantly be offering care to Māori and Pasifika whānau in the Porirua region. Our t...</p>	

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Leilani Va'a	Tena Koutou, Talofa, Kia Orana, Malo e lelei, Malo ni, Talofa lava, Fakalofa Lahi Atu, Ni sa Bula Vinaka, Mauri! We are a group of experienced Māori and Pasifika midwives providing a team care approach to how we care for our mamas, pēpi and whānau. We provide antenatal, labour and birth and postnatal care for our wāhine. Our kaupapa is to improve birth outcomes for Māori and Pasifika whānau, therefore we will predominantly be offering care to Māori and Pasifika whānau in the Porirua regi...	
Rachel Carian	I am a registered midwife based in Miramar and I work alongside my practice partners Jo Scott and Liz Dentice at Miramar Midwives (www.miramarmidwives.co.nz). I am originally from Wellington, but I have also lived in Japan for 15 years and I am able to provide quality care in either English or Japanese. I became passionate about midwifery following my own children's births in Japan, and I realised I wanted to work with women and the...	
Jen Stewart	Please note: I provide postnatal only care - this is from birth to 4-6 weeks after your baby is born. I don't provide antenatal or birth care for work/life balance with a young family. I am currently providing postnatal only care, which can seem a bit confusing. What this means, is I provide care from when your baby is born until 4-6 weeks postnatally. I often provide care for women and pregnant people who have been under the care of the wonderful community midwifery teams at Hutt Valley Hosp...	021: 0789101
Lisa Tweedie	Postnatal care only. I am an experienced midwife and have spent many years working at a local primary birthing unit and at Wellington Hospital. I am pleased to offer care for the whole postnatal period (after the birth of your baby)	
Katherine Hoshino	Hello! My name is Katherine. Congratulations on your pregnancy! I am a registered midwife based in Miramar and I work alongside my practice partners Jo Scott and Liz Dentice at Miramar Midwives (www.miramarmidwives.co.nz). I am originally from Wellington, but I have also lived in Japan for 15 years and I am able to provide quality care in either English or Japanese. I became passionate about midwifery following my own children's births in Japan, and I realised I wanted to work with women and the...	Mobile: +64-212988227
Stacey Hopper (Lees)	I am a case loading midwife in the Tawa/ Porirua area and cover from Tawa to Plimmerton. I work in a fantastic group of midwives called Birth Treasure midwives who are great back up midwives at times where needed, such as in antenatal clinic and postnatal visits if I am supporting a woman in labour or on leave. We pride ourselves in giving full care to all our women and whānau throughout their journey of pregnancy, labour, birth and postnatal periods. I love to share my knowledge to empower a...	0223858130: 0800 385813
Nicole Oosthuysen	Kia Ora and congratulations on your pregnancy! I am a community based midwife within the Hutt Valley Region. I work alongside women and their families throughout their pregnancy, labour and birth as well as providing postnatal care for up to six weeks following birth within their home. I strongly believe in continuity of care as well as working in partnership with women and their families. Through this care I am able to provide a high standard of midwifery care which is versatile to your individ...	Nicole Oosthuysen: 0800 Bellies (2355437)
Fiona Emslie	Hi I'm Fi. I trained as a UK midwife but have made New Zealand home for the last 4 years. In the UK I worked across community and hospital settings, then in a rotational hospital post between antenatal and postnatal wards, Maternity Assessment Unit, Central Delivery Suite and Midwife Birth Centre. I was fortunate to experience a whole range of low to high risk labour and birth experiences. I'm confident in advocating for all women and their families to provide the best pregnancy experience. I ...	
Lucy Field	Congratulations on your pregnancy! To be a midwife is a massive privilege and I take great joy in getting to know you and your whānau. I provide continuity of care through-out pregnancy, labour, birth and the postnatal period. I work alongside Fiona and Jessie and we support each other, allowing us to refresh and have time with our families. Our group runs an antenatal clinic on The Terrace in Wellington City. We offer births at Wellington Hospital, Kenepuru Maternity Unit or at your...	
Fana Temese-To'omaga	Tena Koutou, Talofa, Kia Orana, Malo e lelei, Malo ni, Talofa lava, Fakalofa Lahi Atu, Ni sa Bula Vinaka, Mauri! We are a group of experienced Māori and Pasifika midwives providing a TEAM CARE APPROACH to how we care for our mamas, pēpi and whānau. We provide antenatal, labour and birth and postnatal care for our wāhine. Our kaupapa is to improve birth outcomes for Māori and Pasifika whānau, therefore we will predominantly be offering care to Māori and Pasifika whānau in the Porirua regi...	
Katie Little	Hi, I'm Katie, I trained as a midwife in Ireland, where I am from, and I've lived in New Zealand for the past ten years, working in Hutt and Wellington hospitals. I am experienced caring for women in both normal and complex pregnancies and births. I have a philosophy of supporting women and their families to achieve the best possible outcomes, through supporting their choices and providing excellent midwifery care regardless of circumstances. I am comfortable and experienced in supporting women ...	
Kim Billaney	Congratulations on your pregnancy. New Beginnings provide full midwifery care to women of the Hutt Valley from Petone through to Upper Hutt. From JULY 1 2018 women will have the benefit of team midwifery care throughout pregnancy, labour and postnatal care. New Beginnings is an experienced, established practice that work in complete partnership so over the course of the pregnancy, women will get to know us all very well. We will alternate weekly so there will be midwives on for urgent care a...	Mobile: 0508643943
Ange Pollard	Congratulations! Having a baby is a remarkable journey and I love supporting women and whānau through-out this special time. I believe in developing trusting relationships with the women and whānau I provide care for and I take the time to share up-to-date evidence-based information so women can make choices that are right for them. I believe in the importance of all aspects of midwifery care and offer antenatal appointments at my clinic room in Raumati Beach, with postnatal care for you a...	Mobile: +64-274888162

NAME	ABOUT ME	PHONE
Resie Naylor	Kia ora and congratulations on your pregnancy! I am a 27 year old LMC midwife working in Wellington. I am originally from Ōtepoti Dunedin, and before studying midwifery I completed a Bachelor of Arts in Gender Studies and Japanese. I am working alongside some truly wonderful and experienced midwives at Domino Midwives. Collectively, we have a philosophy of holistic care and encourage waterbirth and homebirth. I will support you in labour whether you choose to give birth at home, Kenepuru Mat...	
Andrea Sarty	I was inspired to become a midwife by the awesome care my family and I received from my midwives when I had our three children. It showed me what a difference skilled support could make in people's lives. I then worked in birth and parenting education for ten years, helping others to have fulfilling birth experiences. I became a midwife to be able to provide even more care for growing families. I love the journey with each family and whānau in their pregnancy, as they meet their babies and...	Free phone: 08004NIKAU ext 6
Michelle Elliott	Congratulations on your pregnancy! I am a mother of two children and prior to having my own children I worked as a Pre-school Mothercraft Nurse in early childhood and mother/baby units throughout Melbourne for over 12 years. I am a New Zealand trained Midwife and a member of New Zealand College of Midwives. I believe antenatal, birth, and postnatal care is an opportune time for Midwives to provide individualised, dedicated care that has positive effects long after their partnership has fi...	
Stephanie Davis	Watching a woman's transformation through pregnancy stepping into motherhood .. Truly wonderful Who am I .. haha a woman with confidence - equipped with sass n class .. privileged in providing continuity maternity care in the Porirua area for 15+ yrs .. contact me I would love to hear from you.	
Alison Grant	I am no longer taking new clients as I am commencing work as the Midwifery Educator at Hutt Valley DHB. I may take occasional return clients, dependent on my other work obligations, so please get in touch if you are pregnant again, but please don't be offended if I have to say no due to expected date of birth. I will do my best to set you up with a fantastic midwife colleague.	
Siobhan Connor	Hello and congratulations on your pregnancy, I am an experienced midwife, bilingual in both english and spanish. Initially a Registered Nurse, I then trained and qualified as a midwife in the UK. I provide full LMC care for women in the Hutt Valey. I am happy to look after returns from Khandallah and Ngaio as well. I work with an established midwifery practice with three other experienced midwives. We facilitate births in Lower Hutt Hosptal. I have extensive experience across all aspects of pr...	Mobile: +64-212894252
Cherie Parai	Tena Koutou Talofa, Kia Orana, Malo e lelei, Malo ni, Talofa lava, Fakalofa Lahi Atu, Ni sa Bula Vinaka, Mauri! We are a group of experienced Māori and Pasifika midwives providing a team care approach to how we care for our mamas, pēpi and whānau. We provide antenatal, labour and birth and postnatal care for our wāhine. Our kaupapa is to improve birth outcomes for Māori and Pasifika whānau, therefore we will predominantly be offering care to Māori and Pasifika whānau in the Porirua reg...	
Hannah Wright	I am no longer taking new clients however if I have looked after you with a previous pregnancy please get in touch to discuss availability.	
Kelleigh Sheffield	Hi there, congratulations on your pregnancy. I have been a midwife in Porirua since 2014. Offering a calm and positive approach, I provide full midwifery to see you through your pregnancy, birth, and postnatal time. Antenatally, I meet with women for regular well-being appointments and plan ongoing care together. As birth is usually a normal life event, I will mostly care for women in labour at our local Kenepuru Maternity Unit, or in women's own homes with a second midwife. Postnatally I offer...	Cell: 0226008025
Alice O'Dell	Congratulations on your pregnancy! I currently work as a hospital based midwife making a transition to a community based midwife. Along with my practice partners I am looking forward to bringing my passion and experience when caring for you throughout this exciting journey. Following you antenatally, through labour and providing support during the postnatal period for a period of 4-6 weeks. Practice partners: Donna Sparks Emily McGrory Alison May	
Emily McGrory	Hello and Congratulations on your pregnancy. Myself and my practice partners all work part time as Wellington Hospital Midwives. Who all share a huge passion and strong belief for continuity of care. We exclusively as a group support parents who are planning an Elective Caesarean section. Providing continuity of care to follow you throughout your pregnancy, supporting you at your planned Caesarean section and providing care for you and your baby during the postnatal period of 4-6 weeks. ...	
Jill Adamson	Congratulations on your pregnancy. New Beginnings provide full midwifery care to women of the Hutt Valley from Petone through to Upper Hutt. From JULY 1 2018 women will have the benefit of team midwifery care throughout pregnancy, labour and postnatal care. New Beginnings is an experienced, established practice that work in complete partnership so over the course of the pregnancy, women will get to know us all very well. We will alternate weekly so there will be midwives on for urgent care a...	Mobile: 0508643943
Deborah Murphy		Mobile: 0508 643943

NAME	ABOUT ME	PHONE
Carla Leeksma-Redmond	<p>Congratulations on your pregnancy! I am a UK trained midwife in 23 yrs who treats every lady in my care as an individual. I have worked as a midwife for the last 10 years, 1 year in hospital, 7 years as an LMC and now providing shared care with New Beginnings. I see life as a gift from God and am privileged to be a part of you and your family's journey. New Beginnings provides full midwifery care to women from Petone through to Upper Hutt. Women have the benefit of team midwifery care throughout pregnancy, labour and postnatal care. New Beginnings i...</p>	<p>Mobile: +64-0211355341 Work: +64-211355341</p>
Gill Burdett	<p>I offer pregnancy care at my office in Miramar, birth support at Wellington Hospital and postnatal care for up to six weeks in your home and sometimes my office if you are already out and about.</p>	<p>Mobile: +64-274435425</p>
Sarah Parsons	<p>Hi, I began my nursing career in the UK in 1994 and quickly realised that I had a passion for midwifery. I have been qualified and registered since 2000. I moved to New Zealand with my husband and two children and began work soon after, as a midwife, at Wellington Hospital. My time in a tertiary unit has afforded me the opportunity to care for women along the low to high risk spectrum. The time is now right to become an LMC midwife as part of a team. I feel extremely fortunate to have found pro...</p>	
Beccs Harker	<p>Kia ora and congratulations on your pregnancy! It is such a privilege to work with women and their whānau. I take on a small caseload of women each month. My philosophy is to provide holistic and physiological care that is evidence based, in order for you to be able to make informed choices and achieve the experience you want. I will support you to birth in the environment of your choice whether this be at home, in our primary unit or at Wellington Hospital. I am committed to providing safe care...</p>	<p>Free phone: 0800 4 NIKAU (ext 3)</p>
Clare Jowett	<p>Kia ora, congratulations and welcome to the world of pregnancy. I have been practising in the Porirua community providing full midwifery care for women of all ethnicities for over 10 years. Working alongside the woman and her family which I feel very privileged to be involved/sharing her experience in her journey until she moves onto the next pathway of parenthood. My main focus is currently providing care for elective caesareans at present and postnatal care.</p>	
Neve Spiers	<p>I work as an LMC midwife taking care of all aspects of pregnancy, labour, birth and the postnatal period. I take women from Pukerua Bay through to Otaki. I take a caseload of 4 women per month. I work holistically with your family and aim to include partners and other children in your care.</p>	<p>Mobile: +64-273520707</p>
Noreen Roche	<p>No longer offering LMC service</p>	<p>Home: +64-42972105 Mobile: +64-21452763 Work: +64-21452763</p>
Karen Labone		<p>Mobile: 021656995</p>
Fiona Wood	<p>I am an experienced Midwife offering LMC services in central Wellington, as part of the unique Domino Midwives team. We offer home birth, water birth and tertiary facility options. Our focus is on promoting physiological birth. Helping to facilitate this I also provide acupuncture. Our belief in supporting our clients in the critical postnatal period is evidenced by our emphasis on our high breastfeeding rates. I now am in a privileged position of being Nana Fi to my 5 grandchildren which gives...</p>	<p>049399580: 049399580</p>
Sue Whitley	<p>I am an experienced midwife and work with four other midwives. We provide full midwifery care, sharing workloads to maintain sustainability of our group. Our midwifery rooms are in Newtown</p>	<p>Mobile: +64-21656995</p>